



An Anthem Company

Heart conditions

Empire BlueCross BlueShield HealthPlus covers health care and support services based on your heart condition, such as coronary artery disease (CAD), hypertension and congestive heart failure (CHF). Services include:

- Heart health education materials and one-on-one support with a nurse
- Medical equipment you need, such as a scale, to help you manage your health
- A home health nurse when needed to provide personalized help for diets and when and where to go for care
- Information about heart education programs in your community
- Phone calls to you and your doctors to track your progress
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- Calls to you and your doctors to track your progress

More cardiac resources

- [American Heart Association](#)

Empire BlueCross BlueShield HealthPlus is the trade name of HealthPlus, LLC, an independent licensee of the Blue Cross and Blue Shield Association.