



An Anthem Company

Lung conditions

Empire BlueCross BlueShield HealthPlus covers health care and support services based on your lung condition. Lung conditions include asthma and chronic obstructive pulmonary disease (COPD). Services include:

- One-on-one support from a DMCCU case manager
- Written education materials sent to your home
- Medical equipment you need, such as:
 - Nebulizers
 - Spacers
 - Peak flow meters
- A home health nurse when needed to show you:
 - How to use asthma medicine
 - When and where to go for care
 - How to stay away from things that trigger asthma attacks
- Information about education programs in your community
- Phone calls to you and your doctors to track your progress

More lung condition resources

- [American Lung Association](#)
- [AANMA - Allergy & Asthma Network Mothers of Asthmatics](#)
- [National Heart, Lung, and Blood Institute \(NHLBI\)](#)

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