

# Important Plan Information

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**Your member handbook has been changed to  
include more services**

## **Applied Behavior Analysis (ABA) services**

Starting **October 1, 2021**, Empire BlueCross BlueShield HealthPlus will cover Applied Behavior Analysis (ABA) therapy provided by:

- Licensed Behavioral Analyst (LBA)
- Certified Behavioral Analyst Assistant (CBAA) under the supervision of an LBA or
- Other individuals specified under Article 167 of NYS education law

### **Who can get ABA?**

Children/youth under the age of 21 with a diagnosis of autism spectrum disorder and/or Rett syndrome as defined by the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5). If you think you are eligible to get ABA services, talk to your provider about this service. Empire will work with you and your provider to make sure you get the service you need.

### **The ABA services include:**

- Assessment and treatment by a physician, licensed behavioral analyst or certified behavior analyst assistant, or another qualified health professional
- Individual treatments delivered in the home or other setting and
- Training and support to family and caregivers

To learn more about these services, call Member Services at 800-300-8181 (TTY 711).

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